



## **What is the school health service? Is it still operating? What can they offer me?**

The school health team includes qualified nurses who have additional qualifications in Specialist Community and Public Health Nursing (School Nurses), as well as registered nurses (School Staff Nurses). We work with the local communities, the family and individual children/young people to ensure children health needs are met. We work in a range of settings including schools.

We offer health assessments to vulnerable children as well as advice and support for children and parents around health issues such as continence, behaviour, sleep and emotional health.

Our team includes Emotional Wellbeing practitioners who can offer support for emotional health needs resulting from life challenges like friendship issues, parental separation, bereavement, house move etc. We support children who are otherwise healthy but because of life circumstances need that little bit of extra support with managing their emotions; we signpost children with more complex behaviour issues or mental health concerns to NELFT and specialist services.

## **How can I get in touch?**

Each school has a named school nurse that can be contacted through our single point of access

**TEL: 0300 123 3444 (option 2).**

Parents and children can also call this number to ask for a call back from their school nurse. Due to the restrictions put in place in schools we will offer video call or voice call advice. There is no need to put in full referral we will accept any child who needs advice or support.