

St Helen's CE Primary School – PE Overview YR – Y6 – 2024-25

| | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
|----------------------------------|------------------------------|-------------------------------|------------------------------|-------------------|---------------------------|---------------|
| YR Emily Jones | | Circle Games Co-Ordination | Gymnastics Balance | Forest School | Athletics Multi Skills | Forest School |
| Y1 Saskia Reeves | Fitness (Circuit) | Gymnastics | Forest School | Multi Skills | Forest School | Cricket |
| | Throwing & Catching Games | Dance | Tri-Golf | Tag Rugby | Athletics | Tennis |
| Y2 Kirsty Salter | Hockey | Tag Rugby | Forest School | Gymnastics | Forest School | Cricket |
| | Multi Skills | Tri-Golf | Badminton | Football | Dance | Athletics |
| Y3 Jenny Plumb | Forest School | Rugby | Gymnastics | Netball | Athletics | Forest School |
| | Fitness (Circuit) | Dance | Dodgeball | OAA | Rounders | Tennis |
| Y4 Tash Scanlon | Rugby | Forest School | Dance | Swimming | Rounders | Hockey |
| | Badminton | Basketball | Football | Gymnastics | Athletics | Cricket |
| Y5 Tina Scanlon | Forest School | Netball | Gymnastics | Forest School | OAA | Athletics |
| | Tri-Golf | Dodgeball | Swimming | Fitness (Circuit) | Dance | Tennis |
| Y6 Amanda Kember Emma Bass | Rugby with Teamtheme | Forest School | Gymnastics with Teamtheme | Basketball | Athletics | Badminton |
| | Cricket | Swimming | Netball | Handball | Dance | Football |

| | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|----------------------|------------|------------|------------|--------|------------|--------|
| Archery | | | | | | |
| Athletics | Term 5 | Term 6 | Term 5 | Term 5 | Term 6 | Term 5 |
| | | | | ASC | ASC | ASC |
| Badminton | | Term 3 | | Term 1 | | Term 6 |
| Basketball | | | | Term 2 | | Term 4 |
| | | | | ASC | ASC | ASC |
| Cricket | Term 6 | Term 6 | | Term 6 | | Term 1 |
| Cross Country | | | | | | |
| Dance | Term 2 | Term 5 | Term 2 | Term 3 | Term 5 | Term 5 |
| Dodgeball | | | Term 3 | | Term 2 | |
| Fencing | | | | | | |
| Fitness | Term 1 | Term 1 | Term 1 | | Term 4 | |
| Flag Football | | | | | | |
| Football | | Term 4 | | Term 3 | | Term 6 |
| | | | | ASC | ASC | ASC |
| Forest School | Term 3 & 5 | Term 3 & 5 | Term 1 & 6 | Term 2 | Term 1 & 4 | Term 2 |
| Four Square | | | | | | |
| Gymnastics | Term 2 | Term 4 | Term 3 | Term 4 | Term 3 | Term 3 |
| Handball | | | | | | Term 4 |
| Hockey | | Term 1 | | Term 6 | | |
| Infant Agility (GSP) | | | | | | |
| Lacrosse | | | | | | |
| Martial Arts | | | | | | |
| Miss-Hits | | | | | | |
| Multi-Skills | Term 4 | Term 1 | | | | |
| | ASC | ASC | | | | |
| Netball | | | Term 4 | | Term 2 | Term 3 |
| | | | | ASC | ASC | ASC |
| OAA | | | Term 4 | | Term 5 | |
| Rounders | | | Term 5 | Term 5 | | |
| Rugby | Term 4 | Term 2 | Term 2 | Term 1 | | Term 1 |

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| Speed Stacks | | | | | | |
| Swimming | | | | Term 4 | Term 3 | Term 2 |
| Taekwondo | | | | | | |
| Table Tennis | | | | | | |
| Tennis | Term 6 | | Term 6 | | Term 6 | |
| Tri-Golf | Term 3 | Term 2 | | | Term 1 | |
| Ultimate Frisbee | | | | | | |
| Volleyball | | | | | | |
| Yoga | | | | | | |