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Church of England
Primary School

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Dear Parents and Carers,

Re: Forest School with Teamtheme Kent

This term your child will be taking part in Forest School which will now be run by Coach Harrison and Teamtheme Kent Sports Partnership. Sessions will last approximately one hour and will include the whole class at the same time. For this term, your child will be participating in Forest School every Thursday, starting this week on **date TBC**.

Forest school is a fantastic opportunity for your child to experience nature and the outdoor environment in a safe, secure and hands on way. Our 'forest' is a designated area located on our school site. We have a qualified instructor who will lead Forest School, Coach Harrison. He will also be assisted by the class teacher and teaching assistant.

The children are encouraged to investigate and explore but also to respect all living things. Children learn best from first hand experiences, exploring, playing and so learn using a range of activities, both designed by the leader and instigated by the children themselves. Building a sense of independence, high self-esteem and team work are important parts of forest school, linking closely with our Skills for Life RECIPE values. Children will have a range of experience in Forest School, including building and handling tools but please be assured that health and safety considerations are always of paramount importance. A strong element of the sessions is to assist children in understanding risks and how to reduce them in whatever they may be doing.

In order to take part in Forest School, children will need to come into school already wearing their Forest School clothes and bring their uniform with them to change into afterwards every Thursday.

Please use old clothes and let your child know that at Forest School they CAN GET DIRTY and you don't mind!

Children should wear:

- Sturdy trainers, boots or wellies
- Spare socks
- Long trousers/leggings/jogging bottoms
- Long sleeved top
- Waterproof coat or jacket

Please note that Forest School will still take place if it is raining so a waterproof jacket and waterproof over trousers will be useful. Children will change into their clean uniform after Forest School and take their Forest School clothes back home with them.

Please remember children must come in wearing their Forest School clothes every Thursday for your child to join in with their session. If children do not have suitable outdoor clothing with them, they will be unable to participate for that week. Please note, that PE kit cannot be worn for Forest School.

We are very much looking forward to starting our Forest School journey and sharing the children's learning with you.

Best wishes
Mrs Jones
PE Lead

